

# Write Zone

Food poverty in this country is a very real thing. In the last few years there has been a dramatic increase in the use of food banks and referrals to charities such as CAP (<https://Capuk.org>) and TLG make lunch project (<https://www.tlg.org.uk/your-church/make-lunch>).

It is a plight that often makes the national news and particularly in recent times with England football player Marcus Rashford calling on the Government to continue the free school meals scheme through the summer holidays to help make sure that children didn't go hungry (<https://www.bbc.co.uk/sport/football/53042684> ) Many families struggle to feed their children during the summer holidays as suddenly they have to find food for three meals a day- quite often parents will go without to make sure the children are fed.

What can we do to help? We can pray! We can pray for the Charities that are already involved with supporting families. We can, if we are in a position to, contribute financially.

But one other way is that we can write to our MP putting forward our concerns about the rising number of people who are being pushed into food poverty. This is what we are asking you to do for the write zone for this All-In Harvest Service.

Here is a handy guide on how to find out who your local MP is and how to go about writing to them.

<https://www.parliament.uk/get-involved/contact-an-mp-or-lord/contact-your-mp/>

