

Food

- Food production is responsible for 26% of greenhouse gas emission worldwide (ourworldindata.org)
- Worldwide, livestock and farmed fish account for 30% of all food-related greenhouse gas emissions or 46% when land use changes are taken into consideration.
- In the UK, our diet is very strongly based around meat and dairy products
- ACTION: The biggest single thing we can do to reduce greenhouse gas emission in this area is to reduce our consumption of meat. Can we change at least one meal a week from meat to a plant-based meal?
- ACTION: For the meat that we eat, we could consider where the meat comes from – beef raised on land taken from rain forests or fed on grain grown on such land adds greatly to its greenhouse gas generation.

