



# READ ZONE

The book of Ephesians can, at times, be quite hard to understand, especially in the 21<sup>st</sup> Century. We have compiled a list of books and blogs that you might find interesting and useful as we come to the end of our study on the letter.

### https://juniaproject.com/paul-turns-headship-head-ephesians-5/

"Ephesians 5:21-33 is often cited as a proof text to endorse male leadership in the home." In this blog the author explores the reality of how the translations can mislead us and how Paul turns "headship on its head"

#### https://www.goodreads.com/book/show/842118.Paul Women and Wives

This book is a deep theological exploration of Paul's passages on women and wives, attempting to explore the texts in detail and understand the context of Paul's writing and ministry. Not for the casual reader!

# These books/blogs/podcasts focus more on parenting:

## https://www.goodreads.com/book/show/6526516-the-parenting-book

Nicky & Sila Lee who wrote the marriage course have also written this book exploring parenting. They share their stories, both successes and failures of raising their kids. The book is split into the stages of children's lives and contains many amusing cartoons to lighten the read!

https://www.careforthefamily.org.uk/family-life/parent-support/parenting-blog-3 https://www.careforthefamily.org.uk/family-life/parent-support/parenting-podcasts

Care for the families parenting blog and podcasts page which has many articles and podcasts you can explore about parenting!

These Podcasts and books offer information and support to couples and strengthening marriages.

https://www.careforthefamily.org.uk/family-life/couple-support

https://www.careforthefamily.org.uk/product-category/marriage-resources